



2023 CONTRIBUTION LIMIT INCREASES

CONTRIBUTION	2022 LIMIT	2023 LIMIT	INCREASE
401(k) / 403(b) Employee Contribution	\$20,500	\$22,500	\$2,000
401(k) / 403(b) Catch-up Contribution	\$6,500	\$7,500	\$1,000
401(k) / 403(b) Total Contribution <50	\$61,000	\$66,000	\$5,000
401(k) / 403(b) Total Contribution 50+	\$67,500	\$73,500	\$6,000
457(b) Contribution	\$20,500	\$22,500	\$2,000
Traditional IRA Contribution	\$6,000	\$6,500	\$500
Traditional IRA Catch-up Contribution	\$1,000	\$1,000	\$0
Roth IRA Contribution	\$6,000	\$6,500	\$500
Roth IRA Catch-up Contribution	\$1,000	\$1,000	\$0
SEP-IRA Contribution	\$61,000	\$66,000	\$5,000
SIMPLE IRA / SIMPLE 401(k) Contribution	\$14,000	\$15,500	\$1,500
HSA Contribution - Single	\$3,650	\$3,850	\$200
HSA Contribution - Family	\$7,300	\$7,750	\$450
Healthcare F.S.A. Contribution	\$2,850	\$3,050	\$200